



# 2020 Annual Report

In a year of unprecedented challenges, we celebrate our accomplishments.



**River House Adult Day Center**

Adult day care that works for all families

203-622-0079

| [www.theriverhouse.org](http://www.theriverhouse.org)

| 125 River Road Extension Cos Cob, CT

River House is a 501(c)(3) nonprofit organization

# River House Strong

*Adult day care that works for all families*

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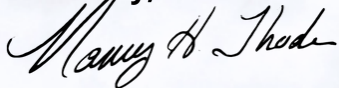
## Dear Friends,

Oh, what a year we've had! The year started out like any other year. Our program was running well; we had a full house; we were hard at work preparing for our spring fundraiser, *Rose' on the River*. And then the COVID-19 health crisis hit, and everything changed. Like many, we were forced to close our onsite program in mid-March, but we immediately found a way to continue to care for our families who so heavily relied on us. Beginning March 18th, we created our Distance Care Program, in which all families received daily wellness-calls, participated in daily Zoom-based therapeutic recreation groups, received weekly individually prepared activity packets, some received delivered meals and groceries, and many participated in weekly Zoom-based support groups. We had no income coming in, but with the support of several grants, we managed to keep our full staff employed throughout this time. While all this was happening, we were working hard to create a safe plan for reopening our onsite program. On July 6th, we were among the very few adult day care centers in the state of CT who reopened and welcomed back a reduced number of families. The way in which we operate is different. Mask wearing, hand-washing and social distancing has become the new normal at River House. Reduced furniture allows for social distancing. Clients utilize personal "activity boxes," to reduce the sharing of hand-held supplies. Meals are prepared in individually wrapped containers to reduce food handling. Everyone is driven in a private car, eliminating multi-passenger vehicles which can be yet another super-spreader of germs. Staff, clients and caregivers are screened at the door daily to ensure good health prior to entering the building. And COVID tests have become a way of life for our staff, who continue to be tested weekly. We have reached the maximum capacity of families that we can serve onsite, 50% of our normal capacity, due to required 6-foot social distance.

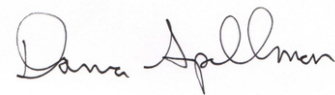
With all the strategic changes we put into place in response to the current pandemic, what is amazing is the sense of normalcy we continue to feel each day. Whether families have remained at home or have joined us back onsite, our support has never stopped. Health services, therapeutic recreation programs and caregiver support services have never stopped. The camaraderie and friendships have not stopped. If you close your eyes and just listen to the sounds of River House, what you will hear is laughter, music, friends encouraging each other, staff working collaboratively, the Board and Advisory Board providing support and guidance, and a general sense of wellbeing. That is River House, past and present. We are *River House Strong*.

We thank you for your friendship and support.

Sincerely,



Nancy H. Thode  
President



Donna Spellman, MS  
Executive Director



# Our *Distance Care Program*:

**delivered 912 customized weekly activity packets,**



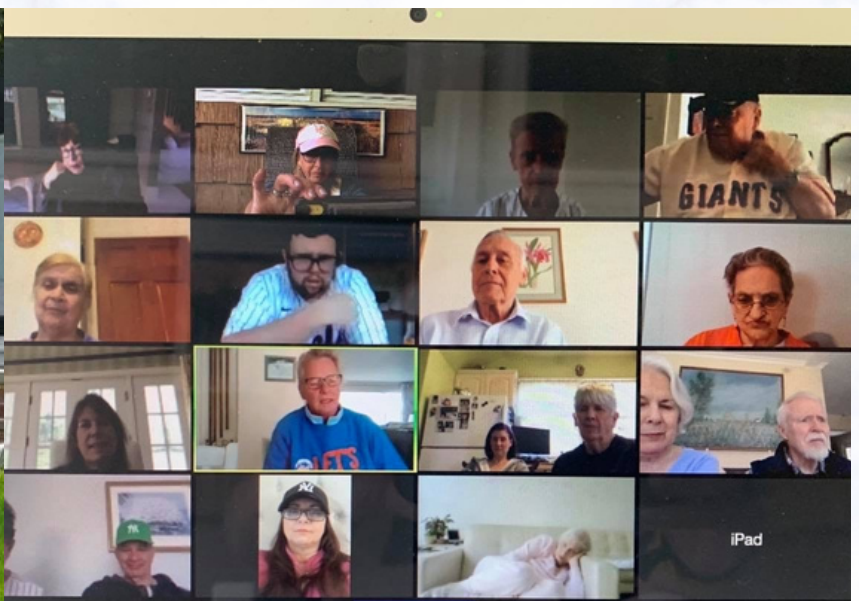
*"Thank you for the surprise package that arrived at our door. It's so comforting to know the River House family is still there for us, especially during this difficult time."  
(Daughter/Caregiver)*



**surprised 45 families with drive-by visits,**



*"You're doing a great job managing all of this from a distance. We so look forward to Zooming with you everyday." (Spouse/Caregiver)*

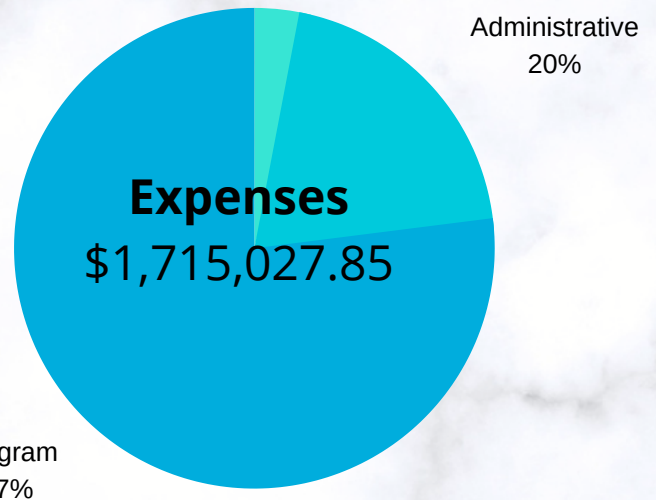
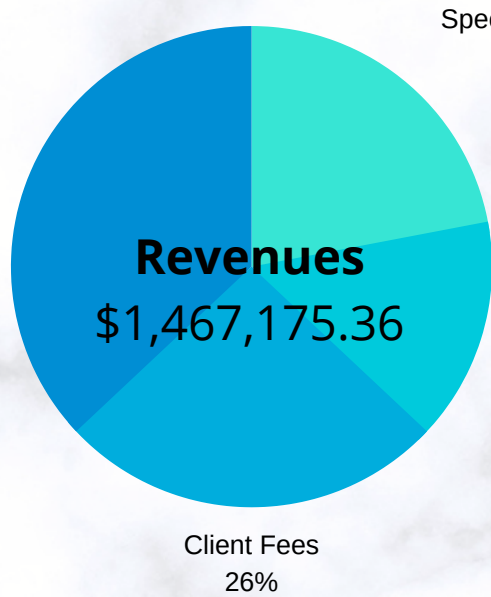


**led 164 online therapeutic recreation groups.**

# In July we safely returned...



# Financials



## Balance Sheet

### Current Assets:

Cash and Equivalents	\$383,071.61
Accounts Receivable	\$85,494.42
Other Receivable and Prepaid Expenses	\$15,489.30
<b>Total Current Assets:</b>	<b>\$484,055.33</b>
Investments	\$778,123.23
Fixed Assets	\$3,276,231.65
<b>Total Assets</b>	<b>\$4,538,410.21</b>

### Liabilities:

Current Liabilities	\$358,797.59
(Grants, Payable, Security Deposits, Accrued Expenses	
New Asset Balance	\$4,179,612.62
<b>Total Liabilities and Assets Balance</b>	<b>\$4,538,410.21</b>



River House is a gold-level GuideStar participant, demonstrating its commitment to transparency.

# Why River House?

**River House** is the only health-based adult day care center serving the Greenwich and Stamford community.

**Adult day care** is the most affordable option for aging adults in need of daytime support. River House provides family centered, compassionate, individualized care for \$100 per day (Nursing home care = \$432/day; Home health aides = \$240/day; Home companion care = \$168/day).

**Demand for adult care** will be driven by a steep rise in the number of Americans living with Alzheimer's disease, which could more than double by 2050 to 13.8 million from 5.8 million today.

**River House** attracts and retains highly qualified personnel. The average employee length of stay is 12.5 years.

**River House** served 105 clients and 262 caregivers in the last year.

**River House** served 25,014 nutritious meals and snacks in the last year.

**Over 70% of caregivers** reported a reduction in stress as a result of the assistance received at River House.

**When faced with a pandemic, River House Adult Day Center created new programs to ensure that no family was at a loss for services and support.**

## Our Partners



# LocalMotion

The first annual LocalMotion was held at Arch Street—the Greenwich Teen Center—on Saturday, September 28, 2019. The casual chic event featured a DJ, dancing, a fabulous live auction, and a wide selection of food and drinks, all featuring local partners. LocalMotion honored three local heroes, Green Fingers, Greenwich Garden Club, and Hortulus for their commitment to protecting and preserving the natural beauty of Greenwich and for their outstanding community service at River House and beyond. LocalMotion raised over \$37,000.



## Co-Chairs

**Amory Armstrong Kenny**

**Katie Cosby**

**JoAnn McCarthy**

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## Thank you to our sponsors



**Alison Farn Leigh and JoAnn McCarthy**  
**Allison and Steve Wolowitz**



*A special thank you to our friends at Arch Street, the Greenwich Teen Center.*





# Rosé' on the River

Rosé on the River was scheduled for May 1, 2020. We had a special evening planned which included an elegant dinner, live music, and entertainment at our beautiful River House location, overlooking the Mianus River. Due to COVID-19, Rosé on the River became a "stay safe at home event".

## Honorary Chairs Leslie and John Cooper

### Committee

Kath Burgweger, Karen Grund, Leah Marmon, JoAnn McCarthy, Janice Richards, Karen Royce, Kyle Silver, Nancy Thode, Allison Wolowitz

We are very thankful for the many donors who contributed to Rosé on the River. We are extremely grateful to student volunteer Elliot Kim, who organized a tremendously successful online benefit concert with fellow student musicians from Greenwich High School.

Rosé on the River successfully raised \$44,000.00.



## Thank you to our Sponsors



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*We thank those who have remembered us with Legacy Gifts. For more information about estate planning, please contact our Development Office.*

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Amy Bowser  
Burke Catering  
Leslie and John Cooper  
Kings Highway Fine Cider  
Dano's Dangerous Tequila  
Deutsch Family Wine and Spirits  
Doyle  
Horseneck Wine and Spirits  
Lanphier Day Spa  
Manfredi Jewels of Greenwich  
Marsha and Stephen Scott  
McArdle's Florist and  
Garden Center  
Ocean House  
Pet Pantry Warehouse  
Sam Bridge Nursery and Greenhouses  
LLC  
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The Shade Store  
The Study Fine Wine & Spirits  
Summer Rain Sprinkler Systems, Inc.  
Tito's Handmade Vodka  
Trader Joe's-Stamford

# We Thank Our Dedicated Volunteers

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# *Here's why our families choose River House*

**"The most compassionate care, this program brings so much joy to our father. It is a comfort for the whole family." (Daughter, Caregiver)**

**"Thank you River House staff! You are all a blessing to my family and so many families. I thank you from the bottom of heart." (Sister, Caregiver)**

**"(My friend) was absolutely right when he predicted that I'd very quickly come to view River House Adult Day Center at 125 River Road EXTENSION as an EXTENSION of our family."  
(Husband, Caregiver)**

**"Thank you for your enthusiasm, making every day special for MY family and EACH family." (Wife, Caregiver)**

**"They say if something is too good to be true, it probably isn't (true). That's not the case with River House. My husband went to River House every day. They plan amazing activities for the clients and they have such a caring, nurturing, supportive staff. It's just a wonderful place to be." (Wife, Caregiver)**

# **River House Adult Day Center is a 501(c)(3) nonprofit organization.**

**River House is committed to providing the highest quality care to aging adults while offering guidance and support to their caregivers. By offering daytime care, River House helps ease the challenges of caregiving on families while providing dependent adults an environment in which they can thrive. While at River House, clients benefit from a comprehensive program that combines professional nursing care, nutrition, engaging therapeutic recreational activities, and socialization. The high standard of health care provided, the vast array of activities to be enjoyed, and the many friendships formed make River House the perfect place for aging adults and their families.**



**125 River Road Extension \* Cos Cob, CT 06807**

**(203)622-0079 \* [www.theriverhouse.org](http://www.theriverhouse.org)**

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