

Milk

March 2024



	Adult Day Center				
	Monday	Tuesday	Wednesday	Thursday	Friday
					Cheese Quiche Potato Tots Peppers & Onions Wheat Bread Chocolate Chip Cookie Assorted Fruit Juice
4	Sliced Ham Whipped Yams Corn Wheat Dinner Roll Applesauce Milk	5 Curried Chicken Breast Brown Rice Broccoli Wheat Bread Diced Pears Milk	6 BBQ Pork Riblet Crinkle Cut Fries Corn Wheat Kiaser Bun Applesauce Milk	7 Meatloaf w/Gravy Whipped Potatoes Cabbage Wheat Dinner Roll Pineapple Tidbits Milk	8 Ravioli w/Sauce Green Peas w/Peppers Carrots Italian Bread Oatmeal Chip Cookie Assorted Fruit Juice Milk
11	Beef/Chicken Meatballs w/Brown Gravy Whipped Potatoes Mixed Vegetables Wheat Bread Diced Peaches Milk	Sweet & Sour Diced Chicken Brown Rice Pilaf Green Beans Wheat Bread Mandarin Oranges Milk	13 Pork Roast w/Gravy Mashed Yams Zucchini Wheat Dinner Roll Fresh Fruit Milk	14 Turkey Tetrazzini Green Peas Carrots Wheat Bread Applesauce Milk	15 Cheese Omelet
18	Honey Mustard Pork Brown Confetti Rice Lima Beans Wheat Bread Pineapple Tidbits Milk	19 Meatloaf w/Gravy Mashed Potatoes Green Beans Wheat Dinner Roll Vanilla Pudding Assorted Fruit Juice Milk	20 Chicken Parmesan Penne Noodles Spinach Wheat Bread Mandarin Oranges Milk	Potato Crusted Polluck Brown Rice Parslied Carrots Wheat Bread Fresh Fruit Milk	Vegetarian Chili Corn O'Brien Broccoli Wheat Bread Diced Pears Milk
25	Beef/Chicken Meatballs w/Tomato Sauce Bowtie Noodles Mixed Vegetables Wheat Dinner Roll Pineapple Tidbits	Turkey w/Gravy Mashed Yams Lima Beans Wheat Dinner Roll Applesauce Milk	27 General Tso's Chicken Brown Rice Broccoli Wheat Bread Oatmeal Cookie Assorted Fruit Juice	BBQ Pork Oven Roasted Potatoes Corn O'Brien Dinner Roll Fresh Fruit Milk	29 Macaroni & Cheese Pinto Beans Mixed Greens Wheat Bread Mandarin Oranges Milk

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