



Nourishment through
compassionate care.

River House Lunch Menu

May 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY																											
05/06		5/7		05/8		5/9		5/10																											
Roasted Chicken Leg Quarter	Scalloped Potatoes	California Vegetable Blend	Whole Wheat Roll	Applesauce	Milk	Margarine	American Chop Suey	Green Peas	Tuscany Vegetable Blend	Whole Wheat Bread	Mandarin Oranges	Milk	Margarine	Maple Mustard Pork	Whole Wheat Stuffing	Broccoli	Whole Wheat Roll	Fresh Fruit	Milk	Margarine	Vegetable Frittata	Potato Tots	Corn	Whole Wheat Bread	Vanilla Pudding	Assorted Fruit Juice	Milk	Margarine	Beef Vegetable Stir-Fry	Brown Rice	Glazed Carrots	Whole Wheat Bread	Pineapple Tidbits	Milk	Margarine
5/13		5/14		5/15		5/16		05/17																											
Swiss Steak w/Gravy	Whipped Potatoes	Capri Vegetable Blend	Whole Wheat Roll	Diced Peaches	Milk	Margarine	Macaroni & Cheese	Pinto Beans	Cauliflower	Whole Wheat Bread	Applesauce	Milk	Margarine	Cacciatore Chicken Thigh	Penne Pasta	Mixed Greens	Whole Wheat Bread	Fresh Fruit	Milk	Margarine	BBQ Hamburger	Crinkle Cut Fries	Sliced Carrots	WG Hamburger Bun	Fudge Crème Cookie	Milk	Low Fat Milk	Ketchup	Ginger Honey Pork	Brown Rice	Green Beans w/Red Peppers	Whole Wheat Bread	Pineapple Tidbits	Milk	Margarine
5/20		5/21		05/22		5/23		5/24																											
BBQ Pork Rib Patty	Corn O'Brien	Mixed Greens	WG Hamburger Bun	Fresh Fruit	Milk	Margarine	Taco Meat	Spanish Rice	Mixed Beans	WG Flour Tortilla	Pineapple Tidbits	Milk	Sour Cream	Herbed Chicken Thigh	Seasoned Orzo	Mixed Vegetables	Whole Wheat Bread	Fresh Fruit	Milk	Margarine	Salisbury Steak w/Gravy	Garlic Mashed Potatoes	Zucchini	Whole Wheat Roll	Applesauce	Milk	Margarine	Turkey Tetrazzini	Lima Beans	Carrots	Whole Wheat Bread	Brownie	Assorted Fruit Juice	Milk	Margarine
5/27		5/28		5/29		5/30		5/31																											
River House	CLOSED	In Observance of	Memorial Day		Balsamic Chicken Thigh	Cilantro Lime Brown Rice	Zucchini w/Peppers	Whole Wheat Bread	Oatmeal Cookie	Assorted Juice	Milk	Margarine	Breaded Pollock	Whipped Redskin Potatoes	Cabbage	Whole Wheat Roll	Fresh Fruit	Low Fat Milk	Milk	Tartar Sauce	Ham, Broccoli, & Cheese Casserole	Corn	Capri Vegetable Blend	Whole Wheat Roll	Pineapple Tidbits	Milk	Margarine	Beef/Chicken Sweet & Sour	Meatballs (0.5 oz)	Brown Rice	Green Peas	Whole Wheat Roll	Fresh Fruit	Milk	Margarine